

# How To Give Your Child The Mozart Effect

by Dan Lefler

- 1) Always sing along to the radio station or cd's in the car when driving with your child.
- 2) Always move your body to the beat when holding your child in your arms.
- 3) Learn all the nursery rhymes and whisper them in your child's ear when you are rocking them to sleep.
- 4) Play cd's of these nursery rhymes in the background during normal play time.
- 5) Play your own favorite music in the background during play time and take note of which songs make your child move and groove.
- 6) Establish a pattern of music-singing-dancing special time as a reward and use the songs that you know makes them move and groove, and physically hold them and dance with them swaying and moving to the beat. Sing along if possible.
- 7) Make up a song or melody that has your child's name in it and sing it repeatedly when you are putting them to sleep, driving them in the car, spending idle time together.
- 8) Create limericks that have your child's name in them and repeat them as a chant during your fun time play times. Encourage your child to sing along
- 9) Insert your child's name into popular or well known songs and sing these verses or phrases out loud when that song is on the radio or cd's. Do this repeatedly.
- 10) Get a Piano in the house. Get a guitar in the house. Get a recorder or flute in the house. Get some bongos or congas in the house.
- 11) Always set aside music time with your child on a consistent basis and incorporate the above mentioned instruments to be played by both you and your child. Turn the radio or cd up loud and rock out with the instruments, even if you really can't play a thing, just fake it and have fun imitating what it would be like to really be jamming like what you're hearing.
- 12) Play the piano keys your self, even go so far as to learn the piano yourself if possible, if not, just concentrate on either playing all the black keys, or all the white keys. Allow your child to interact with you as you practice and play.

- 13) Encourage your child to play the piano keys themselves. Put them on your lap and play the keys in a rhythmic fashion. Allow your child to create their own melodies and rhythms while making a game out of it. Your turn, their turn, your turn, etc.
- 14) Use the piano keys and rhythm to teach your child the numbers, the letters, the times tables, and language. Simply accent a piano note for each syllable or number and repeat your phrases, letters, words in phrases of 3, 4, 6 and 8 beat intervals.
- 15) Enroll your child in professional music lessons as soon as possible. The connection with the teacher along with consistency is the key factors in making the early lessons work in building a foundation of music intuitiveness and familiarity.
- 16) Enroll your self in music lessons at the same time as your child if possible. Make it a bonding thing that you do together.
- 17) Always encourage performance of any level by the child and always give lots of praise no matter what the outcome.
- 18) Always perform yourself with your child if possible in the early years.
- 19) Always provide your child a quality instrument to practice on.
- 20) Always provide a quiet, lighted, comfortable, private place where you and your child can practice your instruments, together and alone.

This is an introduction to methods and techniques that when applied consistently, have proven to give your child the "Mozart Effect". A distinct intellectual advantage over their peers throughout their school age years and beyond. For more on how to apply these techniques, contact Dan Lefler at Danman's Music School. Copyright 2008.

Danman's Music School  
24699 Del Prado  
Dana Point, Ca. 92629

Ph: 949-242-4431  
dan@danmans.com  
www.danmans.com